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Scudder Memorial Hospital

Church of South India - Diocese of Vellore

From the Desk of the Medical Superintendent

"Blessed is the King who comes in the Name of the Lord"

"Peace in Heaven and Glory in the Highest"

Greetings to you in the Precious Name of our Lord and Saviour Jesus Christ! We, the SMH family members, are blessed to experience and



witness His Amazing Grace in our Ministry. As we complete another season of lent, we declare with utmost faith, His Divinity to love, suffer, sacrifice and to be the substitute for our sins. This is the time to repent for our trespasses, reconcile with our neighbors, restore our faith in Him and rejoice in His everlasting existence.

By the Grace of God, we inaugurated the 100 KLD Sewage Treatment Plant on March 8th. The Management and Staff are grateful to the Rotary Club of Ranipet for supporting the project through the Rotary International Global Grant. We are thankful to the chief guest and other guests of honour and congratulate the Project committee members for their meticulous work.

Leadership training programs were organized by the Human Resource Department for the senior leaders, heads / in-charges of the various sections, Medical and Nursing professionals to build the Christian leadership qualities and to enhance the oneness with empowered team spirit to continue His Healing Ministry.

Despite the Charitable mission work becoming a herculean task in the recent times due to various limitations in the medical, nursing and social fields, we are sure that, we neither were nor are, alone in the journey. His Grace and Provisions are sufficient for us to carry on the Ministry, to serve the sick and needy.

We seek your earnest prayer and support as the SMH fraternity continues the Lord's healing ministry to serve the community.

"I have been crucified with Christ and I no longer live, but Christ lives in me. The life I now live in the body, I live by Faith in the Son of God, who loved me and gave himself for me." – Gal 2:20 In His Mission,

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(Dr Anbu Suresh Rao)

OUR VISION

"To continue the Healing Ministry of Jesus Christ by providing quality, accessible and affordable health care to all"

OUR MISSION

"To provide holistic health care and education to the people and to build a just and healthy community through Jesus Christ"

DEPARTMENT IN FOCUS - 7

DEPARTMENT OF ORTHOPEADICS

Jesus said "Get up, Pick up your mat and walk".

The Department of Orthopaedics at SMH continues the healing ministry of Jesus Christ by becoming His tools to mend broken bones and joints of ailing children, adults and elderly population.

The Department of Orthopaedics in SMH started functioning from the start of the year 2000. Under the leadership of Dr Anbu Suresh Rao, Medical Superintendent, it has now grown leaps and bounds. Dr Alvin

Vinodh, Deputy Medical Superintendent, is the other Senior Consultant Arthroscopic Surgeon in the Department. In addition to providing 24*7 emergency trauma services, major surgical



procedures like Joint replacement surgeries (since 2007), Spine surgeries (since 2010) and arthroscopic surgeries (since 2020) are being performed regularly. The department has received accreditation to kick start a DNB program from the academic year 2023.



The department is renowned for its outstanding orthopaedic care and is one of the leading centers in the district from simple to most complex trauma, sports medicine, joint replacements, deformity corrections, infections and bone tumors.











State of the art infrastructure with practice of latest techniques make the department a commendable one.









A Comprehensive range of treatments are being performed including,

ARTHROPLASTY	Total hip, total knee, elbow and shoulder replacements
ARTHROSCOPY:	Shoulder (Bankart's repair, rotator cuff repair, subacromial decompression, labral repair), Knee (ACL, PCL reconstruction, Meniscus repair, synovectomy)
DEFORMITY CORRECTIONS	Illizarov ring, orthofix application and CTEV corrections
SPINE	PLIF and DISCECTOMY

COMPLETE TRAUMA CARE PHYSIOTHERAPY AND DRESSING

The enthusiastic team comprises of Consultant Orthopaedic surgeons, Medical officers, Nurses working closely with Nutrition experts and Mobility experts such as Physiotherapists and Occupational Therapists, who endeavor to provide the best orthopaedic care possible. The physiotherapy department is equipped with Interferential therapy, Ultrasound therapy, electrical nerve stimulation, Moist heat, wax bath, Continuous passive motion and gait training.

They also strive to reach out into the community to cater to those who are not able to visit the hospital due to various reasons. Since November 2022, a community physiotherapy and dressing team visits the post-operative patients on a daily basis to continue the dressing and physiotherapy requirements, post their discharge.



STATISTICS FOR THE PAST 1 YEAR

OUT PATIENTS	18,490		
IN PATIENT	1720		
MAJOR CASES	747		
MINOR CASES	533		
ARTHROSCOPY	47		
SPINE CASES	09		
ARTHROPLASTY	100		
PHYSIOTHERAPY			
OP	1981		
IP	984		
COMMUNITY	538		
DRESSING			
OP	4656		
COMMUNITY	482		

Let all that I am praise the Lord; may I never forget the good things he does for me. He forgives all my sins and heals all my diseases.

Psalms 103: 2-3

SMH Happenings - News & Events

• The Biomedical and Solid Waste Management Plant for waste segregation, storage, and disposal was inaugurated on March 1st by Mr. Egaraj, Commissioner of the Ranipet Municipality. The inauguration was presided by the Medical Superintendent, Rev. Rajendran, Rev. Glory Raja, staff members, and students. During the inauguration, Mr. Egaraj emphasized the



importance of waste segregation at the source and the various ways of disposal, as per the state pollution control norms. The Biomedical and Solid Waste Management Plant is an essential step towards sustainable waste management practices at SMH. The facility will enable proper segregation, storage, and disposal of waste in an environmentally-friendly manner, thereby being an essential part of our commitment to reduce environmental impact and protecting public health.

- To commemorate the World Hearing Day on March 3rd, the ENT team conducted a Free Ear Checkup and Hearing Test for public. This helped in creating awareness in hearing loss prevention and to promote ear and hearing care for all.
- The Grand Inauguration & Dedication of **100 KLD FABX SEWAGE TREATMENT PLANT** was held on 8th March. The STP project is supported by the Rotary International Global Grant (No. 2099713) of 92,400 USD. (Rs. 75 Lakh). The SMH Management contributed Rs 35 Lakh for the completion of the project.



Scudder Memorial Hospital and the Rotary Club of Ranipet are committed to protect environment, support education, promote community development, provide clean water, sanitation and hygiene.

The STP was inaugurated by the Chief Guest, Thiru. R. Gandhi, MLA, Ranipet Constituency and Minister for Textiles & Handlooms, Government of Tamil Nadu. Mrs. S. Valarmathi, IAS, Ranipet District Collector, Rt. Rev. Dr. H. Sharma Nithiyanandham,

Bishop, CSI Vellore Diocese and the Rotary International Director & Treasurer Rtn. PDG. A. S. Venkatesh were the Guests of Honour. The Rotary District Governor Rtn. J.K.N. Palani, The Project Advisor Rtn. PDG. C. R. Chandra Bob, Rtn. IPDG. W. M. Nirmal Raghavan and



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the Officers of CSI Vellore Diocese graced the occasion. The Project Committee Contact Rtn. PP. Dr. P. Navin Philip Deva Kumar and the project committee members Rtn. Dr. Vimal Prabakar, Dr. C. Anbu Suresh Rao, Superintendent, Dr. G. Samrai, Deputy Medical Superintendent, Mr. Cecil Daniel. W. Administrative Officer and Mr. Samson. Civil Supervisor worked hard and made sure the STP construction and commissioning works, got completed

within the time frame, despite many hurdles including the Covid Pandemic.

The expected 80 to 90 KLD treated water will be used for various purposes in the hospital every day. It will also benefit the local community as it protects ground water contamination. The Hospital management promotes and implements the "Clean Green Eco-Friendly Hospital" initiative started in 2016 during the Hospital's sesquicentennial (150th) celebration.







- The Staff and Students of our hospital participated in the Ponnai Anaicut Harvest Festival on March 17th and the SMH Choir team secured the first prize in the group singing event.
- The Obstetrics and Gynaecology Department at SMH, in partnership with the Indian Medical Association, Ranipet, organized a special event to celebrate International Women's Day. The event took place on March 22nd and included a free medical camp for women in our hospital campus. The event was organized with the aim of promoting women's health and well-being, which is a crucial issue in our society. By providing free medical care, the hospital is able to help many women access the care they need to lead healthy lives. The medical camp was a great success, with many women from the community attending to receive essential medical care and services.







- A training program on handling the fire safety equipment was conducted for the staff members by Mr. Dhayalan, retired Fire Officer on 23rd March, to create awareness towards the Code Red protocol and disaster management.
- The World Tuberculosis Day was observed on March 24th, 2023, with great enthusiasm and dedication. As part of the day's activities, a rally was conducted from Muthukadai bus stand to SMH, to raise awareness about the impact of tuberculosis and to promote prevention and efforts. Labour Commisioner Ranipet district flagged off the rally, with a large number of Nursing Students, AHS Students and Staffs coming together to show their support for TB prevention and treatment. The event included speeches from healthcare professionals community leaders. Various **Events** conducted on that day in the Multipurpose Hall and prizes were distributed to the winners.





Community Outreach Activities

Community outreach program of Scudder Memorial Hospital, Ranipet, has been successfully meeting the needs of local communities through medical camps and home care nursing by the Community Nurses and Physiotherapy Department. In March 2023, around 146 patients and in April 2023, 102 patients benefited through Home Care Nursing measures like wound dressing, catheter care, sponge bath, hair wash by the Nursing staff and Physiotherapy by Orthopedic technicians. Community Service has been rendered through village clinics in Paradarami, Thamaraippakkam, Arcot and Ammananthangal. In March 2023, 639 patients in and around 9 villages were treated. In April 2023, 953 patients in and around 19 villages benefitted.

A free medical camp was organized on 17th -19th march in Ponnai anaicut, for the benefit of pilgrims visiting the church





A medical camp was conducted on 22nd and 23rd April in Muttathur, This medical camp aimed to provide free medical services and consultations to the local community in and around Muttathur. The medical camp was conducted by our team of experienced doctors, nurses, and other allied medical professionals.





A wide range of medical services, including general health check-ups, consultations with specialists, basic laboratory tests, and distribution of medicines were offered. This medical camp was an excellent opportunity for the local community to access high-quality medical services and receive expert advice.

Another free medical camp was organized at Anbu Illam on 25rd April, for children with cerebral palsy and their staff.





Mission and Evangelism

The regular chapel devotions, special chain prayers and counselling for the staff, students and patients are truly a blessing to many and bring glory to our God. God's presence and healing power are being experienced by the patients and staff as we conduct bedside prayers. Christian Endeavour devotion for Students, Mrs. Harriet Scudder Women's Fellowship, SMH Youth Fellowship, Dr. Silas Scudder Men's Fellowship, Bible Study & Prayer for Hostel Students are fruitful for their spiritual nurture and to Build the Kingdom of God.

We pray continuously for the spiritual nurture, commitment to the Hospital's Mission and Vision among the staff and students, so that we can be the living testimony for His Love, Compassion and Sacrifice.

Praise God with us for

- God's amazing Grace and Guidance in our day-to-day Ministry
- Meaningful Lenten Season with spirit filled meditations.
- Newly joined members of our SMH Family
- New Clinical Facilities & Medical Equipments.
- Activities of the Men's, Women's, Youth and Students' Fellowship of SMH

Intercede at the Throne for

- New Projects & Proposals MRI, Blood Bank, Solar Plant, Radiotherapy Unit etc.
- Funds for completion of ongoing building projects OG Block, Chapel Extension
- Committed Medical & Nursing professionals to partake in our Healing Ministry
- New Hospital Building and Medical College initiative taken at CSI Synod & Vellore Diocese
- The spirit of oneness among us to achieve the common goal of building His kingdom

The Department of Human Resource Management & Development

NEW RECRUIT ON BOARD:

We welcome Dr. Immanuel Sathish Gandhi, Consultant Emergency Physician, as he joins the SMH Family and partake in the Healing Ministry.

STAFF RETREAT - 2023

Staff training is one of the main components in developing cohesiveness among staff, leading to team spirit and synergy. Three training program sessions were conducted for staff consisting of top level and middle level leaders at the Yelagiri Retreat Centre in the months of March and April. Mr. J.S. Anbu, Management Consultant led the sessions through introspection, brain storming and insight into 'where we are' and 'where we want to go'. Retreat for doctors were conducted at the Scripture Union, Mahabalipuram. They were divided into two groups, with the first group attending the session on 28^{th} March and the next one on 12^{th} April. The administration plans to cover the entire staff with the aim to bring oneness amongst them and realign them to the original vision of SMH.









THOSE WHO WISH TO HELP:

Material help or cheques \ DDs may kindly be sent to

Dr C Anbu Suresh Rao, The Medical Superintendent Scudder Memorial Hospital, Kelly's Road, Ranipet, Tamil Nadu 632 401

Please send your feedback/suggestions and any interesting anecdote by e-mail to –

emunah.smh@gmail.com

Bank account details for online donation **from within India** are:

Name of Bank\Branch: State Bank of India, Ranipet

Account Name: Scudder Memorial Hospital

IFSC Code: SBIN0002262 Account No: 30279815548

(Please send a mail to $\underline{info@scudderhospital.org} soon \ after \ remittance).$

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Watch us in

@ Scudder Memorial Hospital

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